

LINDSEY A. COCHRAN, MPH

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EDUCATION

Oregon Health & Science University, Portland, OR
Master of Public Health – Public Health Practice

Spring 2016 – June 2021

Portland State University, Portland, OR
Bachelor of Science in Child and Family Studies – Elementary Education
Bachelor of Science in University Honors
Minor: Philosophy
Summa Cum Laude

Sept. 2010 - June 2014

EMPLOYMENT

Western Oregon University
The Research Institute – Center for Early Learning and Youth Development
Early Learning Project Specialist

Sept. 2019 - Present

Design and deliver technical assistance webinars and trainings to local Child Care Resource & Referral agencies across the state, as well as for 211 staff. Analyze grant award data for child care programs to determine funding needs; data clean-up coordination for NACCRRAware database as well as Find Child Care Oregon. Create surveys and write reports to collect information around Oregon’s Spark (Quality Rating Improvement System) programs and disseminate to the Early Learning Division. Coordination and support around the design of a statewide substitute pool for child care providers. Member of Anti-Racist Work Group and organization’s Equity Committee.

Portland State University School of Social Work –
The Center for Improvement of Child and Family Services
Research Assistant, Child Welfare Partnership Training Unit

October 2018 – Sept 2019

Receive, quality-check, and store data; collect trainee surveys and conduct analyses; preparation of written reports. Distribute training reports to trainers; introduce and explain purpose of training evaluation to trainees. Summarize trainee behavior report and compile portfolio to be sent to trainee and their supervisors at DHS. Complete individual training evaluation reports for internal purposes, aggregate training evaluation reports for reporting to DHS. Administer and proctor knowledge assessments during trainings; served as member of hiring committee for Research Associate position

Portland State University School of Social Work –
The Center for Improvement of Child and Family Services
Research Analyst, Early Childhood Research Team

May 2015 – October 2018

Assisted in facilitating webinars and data workshops for grantees; received and entered data from community partners in SPSS and Excel and conduct preliminary analyses; tabling and writing summaries. Data collection which involved interviewing key stakeholders, coding classroom environments, coding qualitative data using Atlas.ti; and performing assessments on preschool and Kindergarten students. Managed research participant incentives and received, quality-checked, and stored data. Maintained participant tracking databases; assisted in providing information to CCF research team and community partners; organized relevant data in graphs, charts and tables, and written summaries. Assisted research team by reviewing narrative and statistical information; writing reports for publications

OHSU-PSU School of Public Health

Graduate Research Assistant

Sept. 2016 – June 2017

Assist in writing publications for BUILD EXITO grant, awarded to Portland State University by the National Institute of Health; contributed to focus group questionnaire for Multnomah County Paid Parental Leave Evaluation

Portland State University School of Social Work –
The Center for Improvement of Child and Family Services

Data Collector

August 2014 – May 2015

Conducted data collection for four different projects, prioritizing my time accordingly; assessed preschool and kindergarten students; interviewed key stakeholders and coded interviews; observation and coding of preschool and toddler classrooms using the CLASS tool

Metropolitan Family Service

STEM Specialist

July 2014 – September 2014

Prepared lesson plans and taught STEM workshops to students grades 1-6; worked for SUN Community Schools with low-income youth and families; identified ways that Centennial School District could enhance their STEM programs, offering recommendations and connecting schools with community partners

Oregon MESA

Education Event Coordinator

February 2014 – June 2014

Prepared and coordinated for both state and national-level events; identified ways to better serve children of color and young women in STEM fields; learned about non-profit management

RESEARCH AND EVALUATION EXPERIENCE

Evaluation of the Child Welfare Partnership Training Unit

Ongoing (2018 – Present)

Responsibilities: Receive, quality-check, and store data; collect trainee surveys and conduct analyses; preparation of written reports. Distribute training reports to trainers; introduce and explain purpose of training evaluation to trainees. Summarize trainee behavior report and compile portfolio to be sent to trainee and their supervisors at DHS. Complete individual training evaluation reports for internal purposes, aggregate training evaluation reports for reporting to DHS. Administer and proctor knowledge assessments during trainings.

Evaluation Manager: Kirstin O'Dell, MSW

Funder: Department of Human Services

Earl Boyles Early Works! Initiative Evaluation

2014 – 2018

Responsibilities: Administer "Heads-Toes-Knees-Shoulders" and the "Peabody Picture Vocabulary" tests to preschool and kindergarten students; create tables of data for the Children's Institute Early Works report using SPSS and Excel; aid in the scoring of student assessments; manage research participant incentives; explain purpose of research project and past research findings to parents at orientation nights; manage survey and assessment databases; create tables in Excel using SPSS data

Principal Investigators: Beth Green, PhD

Funder: Children's Institute

MIECHV Region X Innovation in Home Visiting Workforce Grant Evaluation

2017 - 2018

Responsibilities: Enter survey data into SPSS and import survey data from Qualtrics, run basic analyses and table data; write summaries for each site to contribute to written reports. Attend phone meetings with home visitors and supervisors and explain evaluation

goals/answer questions. Interviewing and qualitative coding using Atlas.ti. Assist in data management, cleaning, writing syntax, etc.

Principal Investigators: Beth Green, PhD & Peggy Nygren, PhD

Funder: State of Washington, Department of Early Learning/HRSA

Kids in Transition to School (KITS) Evaluation

2016 – 2017

Responsibilities: Travel to present project goals at elementary schools in Lane County in order to recruit parents of incoming kindergartners to fill out surveys and consent to child assessments; building and maintaining several Qualtrics surveys for distribution among teachers and staff

Principal Investigators: Beth Green, PhD

Funder: Oregon Department of Education

Prenatal to Third Grade (P-3) Alignment Initiative

2014 - 2016

Responsibilities: Co-host bi-monthly TA webinars for ten grantee sites; assist in facilitating two “Deep Data Dive” workshops in different parts of the state to help grantees better apply their data; interview key stakeholders to determine how better connections can be made between ECE programs and elementary schools; code interviews for qualitative data using Atlas.ti; assist in creating surveys for K-12 teachers and early learning professionals; analyzed survey results and created charts, graphs, and tables for grantee reports; researched urban/rural classifications and created a document to re-classify grantee school sites; created grantee progress report compilation document

Principal Investigators: Beth Green, PhD

Kindergarten Readiness Partnership & Innovation Grant Evaluation (KRPI)

2015 - 2016

Responsibilities: Interviewed key stakeholders regarding their progress toward professional development, family engagement and kindergarten readiness goals; coded interviews for qualitative data using Atlas.ti; managed research participant incentives; assisted in facilitating several focus groups; formatted and assisted with language in final report for the Early Learning Division

Principal Investigator: Beth Green, PhD

Funder: Oregon Department of Education

Quality Rating and Improvement System Validation Study

2014 - 2016

Responsibilities: Collected data from various childcare facilities across the state using the Classroom Assessment Scoring System (CLASS) and the Individualized Classroom Scoring System (inCLASS) tools for both preschoolers and toddlers; assisted in organizing and entering data into Excel/EpiData and recruit programs to participate; created Qualtrics surveys for parents/caregivers and childcare providers

Principal Investigators: Beth Green, PhD, Bobbie Weber, PhD, and Shannon Lipscomb, PhD

Funder: Oregon Department of Education

Volunteering in Oregon Study

2015 - 2016

Responsibilities: Assisted in literature review; attended meetings at the Oregon Community Foundation to update Strategy and Research Team; selected questions for organizational survey and input into Qualtrics; retrieved contact information and distributed surveys to volunteer coordinators/board members of various non-profit organizations across Oregon; interviewed key stakeholders over the phone; conducted focus groups and in-person interviews with participants

Principal Investigator: Callie Lambarth, MSW; Funder: Oregon Community Foundation

Children’s Relief Nursery Integrated Trauma Services Grant Evaluation

2014 - 2016

Responsibilities: Entered sensitive client data into SPSS and TRAC databases; communicated regularly with grant director; attended SAMHSA webinars

Principal Investigators: Beth Green, PhD
Funder: SAMHSA

Honors Thesis

2014

Description and Responsibilities: A theoretical analysis into the patterns, perceptions and roles adopted by Children of Alcoholics and Adult Children of Alcoholics through the lenses of Family Systems Theory and Symbolic Interactionism. Developed research questions and proposal, conducted theoretical analysis, wrote proposal and final thesis documents, presented thesis to committee

Principal Investigator: Lindsey A. Cochran
Department Advisor: Jana Meinhold, PhD, CFLE

REPORTS AND PUBLICATIONS

Lambarth, C.H. & Cochran, L. (2016). *Volunteering in Oregon: Strengths & Opportunities in the Nonprofit Sector*. Portland, OR: Center for Improvement of Child and Family Services, Portland State University.
http://pdxscholar.library.pdx.edu/cgi/viewcontent.cgi?article=1000&context=childfamily_equity

Green, B., Patterson, L., Morris, M., Cochran, L. & Lambarth, C. (2015). Kindergarten Partnership & Innovation Grants: 2014-2015 Year End Report. Portland, OR: Early Learning Division, Oregon Department of Education.
http://pdxscholar.library.pdx.edu/cgi/viewcontent.cgi?article=1005&context=childfamily_earlychild

Cochran, L. (2014). *Children of Alcoholics: How Patterns and Perceptions of the Past Affect the Future*. PDX Scholar.
<http://pdxscholar.library.pdx.edu/cgi/viewcontent.cgi?article=1047&context=honorsthesis>

METHODOLOGICAL COURSEWORK

Biostatistics
 Epidemiology
 Qualitative Research Design
 Community Based Participatory Research
 Public Health Program Evaluation
 Public Health Program Planning
 Management Practice and Quality Improvement
 Doctoral Seminar in Health Research (3)

Priya Srikanth, MPH
 Alexis Dinno, MPH, MEM, ScD
 Paula Carder, PhD
 Alison Martin, MA, PhD
 Alison Martin, MA, PhD
 Katherine Bradley, RN, PhD
 Katherine Bradley, RN, PhD
 Cara Eckhardt, MPH, PhD

AWARDS, HONORS, AND SCHOLARSHIPS

PDX Waitlist "Expert Guest" on Child Care for Virtual Book Club (IG Live)	2019
Honors Laurels Merit Award, \$3,250	2012 - 2014
President's List	2011 - 2014
Dean's List	2011 - 2012
Summa Cum Laude (3.9 GPA or higher)	2014
PSU School of Social Work Commencement Speaker	2014
University Honors College	2011 - 2014

CERTIFICATIONS

CITI Program – "Human Subjects Researcher" ID #28938675

VOLUNTEER WORK

Western Oregon University Program for Undergraduate Research Experiences Serve as a Board Member for the PURE program at Western Oregon University	June 2020 - Current
Oregon Health and Science University Center for Women's Health Assist research department in recruiting participants for clinical trials; help patients log into MyChart and navigate hospital; maintain waiting room area and field questions	August 2016 – April 2017
Portland State University/Sam Barlow High School Ethics Bowl Coach (2016), Ethics Bowl Judge (2017) Coached a team of high school students for participation in the Oregon High School Ethics Bowl hosted by Portland State University; invited back in 2017/18 to serve as a judge	Oct. 2015 – Jan. 2017
Beaverton City Library Youth Services Division Intern Participated in community outreach, including performing skits in front of local elementary schools; ordered a selection of books to enhance the Parent-Teacher section of the library; designed book club kits and compiled book lists and displays for youth; coordinated and planned events for elementary school students	March 2013 – June 2013
Tigard-Tualatin School District Student Teaching Intern Implementing lesson plans and reviewing curriculum; attended school board meetings; found resources for English Language Learners	Jan. 2013 – March 2013

PROFESSIONAL AFFILIATIONS

American Public Health Association	2017 – 2021
American Evaluation Association	2017 – 2021

RELATED SOFTWARE SKILLS

Microsoft Office, SPSS, EpiData, Qualtrics, Atlas.ti, TRAC & CDP (SAMHSA based), NACCRRAware, some STATA experience